

HAMPSHIRE HORSE

hampshirehorse@hotmail.com



In association with Peter Cox Photography

APRIL 2005 (Issue 7)

What's On:

Understanding Equus Workshops with Debbie Reilly, Equine Trainer & Behaviour Specialist

Oak Tree House, Hightown Hill, Ringwood, Hants BH24 3HE. Tel/fax: 01425 473151, mobile: 07715 732278.

Email: info@understandingequus.co.uk

Web-site: www.understandingequus.co.uk

Four One-Day Workshops £145.00 each

Sat 9 April: Introduction to long-lining to develop balance and self-carriage.

Spectators welcome

Sun 10 April: Advanced long-lining techniques to build trust and confidence.

By prior arrangement

Fri 22 April: Ground Manners: When and how to use a training halter.

£30/day

Sat 23 April: Groundwork problem solving: Inc. leading, loading, farrier prep. etc.

Sun 8 May: Understanding Equus demo with guest Anna Twinney, founder of 'Reach Out to Horses'

Chance to win pair of demo tickets (kindly donated by Debbie Reilly) – please see back page

Sat 14/Sun 15 May: Understanding Equus & Equine Behaviour Workshop (2 days) £275 (inc. overnight DIY livery)

Mon 16/Tue 17 May: Bringing on the Young Horse: Ground to Ridden Communication (2 days) £275 (inc. overnight DIY livery). (It is recommended that clients attend the Behaviour Workshop prior to the Young Horse one)

Mon 6/Tue 7 June: Understanding Equus & Equine Behaviour Workshop (2 days) £275 (inc. overnight DIY livery)

Mon 6-Fri 10 June: Understanding Equus Partnership Course A fun yet intensive five-day course designed to help with your horse through mutual trust, respect and understanding. Price: £499.

Debbie is also available to visit you for coaching sessions, group workshops etc. Prices from £35/hr plus travel @ 45ppm

Sun 10 April: Futuristic Cross Country (Minimus, Novice and Pairs). Counties Corner Riding Club, The Paddocks, Tulls Lane, Standford, Bordon, Hants. All enquiries to Sara bullock, Meadow Croft, Woolmer Lane, Bramshott, Hants GU30 7RE, tel 01428 722850. Entries close 6 April.

Fri 13 May: One day **Dressage course** by Claire Lilley, Warborne Farm Stables (nr. Lymington)

Fri 10 June: One day **Dressage course** by Claire Lilley, Warborne Farm Stables (nr. Lymington)

Contact Amanda Barton, tel 01590 622393, email Amanda@barronsandsmithers.com for info

Sat 16 April: Equestrian Table Top Tack Sale at Westbourne Church Hall, Westbourne, nr. Emsworth, 6.00pm – 8.00pm (set up at 5.00pm). Sellers £7/table, Buyers 25p admission. In aid of Charity Horse Show funds. Advance bookings only. Ring Jenny on 01243 431249 or 07881 524478.

Sun 17 April: Hursley Hambledon Hunter Trials, Dene Farm, Nether Wallop, Stockbridge. SAE to Miss J. Owen, 3 Manor Farm Cottages, Upton Grey, Basingstoke, Hants RG25 2RQ.

Sat 23/Sun 24 April: Horse Driving Trials, Woolmer Farm, Liphook, Hants. The South Downs Harness Club are holding their annual two day carriage driving trials. This involves Dressage and Cones on Sat and the Marathon with obstacles on Sun. Come along to watch. Any offers of help gratefully accepted. (Free entry to spectators and helpers). For further details tel. Di on 023 8061 7529. For an entry form pls send SAE to Mrs. D. Lucas, 62 Oakgrove Road, Eastleigh, Hants SO50 6LN.

Sun 24 April: Frensham Cross Country Sponsored Ride, Stockbridge Farm, Tilford, Surrey, 9.00am-3.00pm. 10 mile cross country course with a minimum of 40 optional jumps 2'6/2'9. Entry donation £7 (non refundable). Minimum sponsorship £17. Schedules at www.ridingdiary.co.uk. SAE to Mrs. C. Cook, Stream Cottage, Frensham Lane, Churt, Farnham, Surrey GU10 2QH.

Sun 24 April: Hunter Trial, Pinkmead Farm Botley. SAE to Secretary at Pinkmead Farm, Botley Road, Curbridge, Botley, Southampton SO30 2HA for schedule.

Portchester Horse & Pony Association

Sun 24 April In-hand Show, Sun 22 May Mountain and Moreland Show, Sun 26 June Fun Show. All to be held at Danes Road, Portchester. SAE to Jo Preston, 89 North End Grove, Portsmouth PO2 6NF.

Sun 5 June: Cross Country Schooling, Fair Oak, with Amanda Napleton.

Sat 9 July: Training for jumping a full course of show jumps at Crofton Manor Equestrian Centre with Amanda Napleton. Both schooling events open to all PHPA members. New members always welcome.

For further details please contact Jo Preston on 023 9261 7841

Sun 1 May: Sponsored Ride, Thorney Island, Emsworth: Approx. 7 miles with about 30 optional jumps. Start times 9.30am – 2.00pm. In aid of Spinal Research. Entry fee £7.50/horse. Minimum sponsorship £20. Further info from Mrs. D. Parrett, Barrs Farm, High Street, Soberton, Hants SO32 3PN, tel.01489 878548, email: barrsfarm@btinternet.com

Sun 8 May: Lunging and Long Reining Clinic – Sparsholt College, nr Winchester, 9.00am – 5.00pm. For novice to experienced ground workers. Practical lesson for you to bring along your own horse. Robert Pickles FBHS will be able

Hampshire Horse

Email: hampshirehorse@hotmail.com

31 Bulls Copse Lane, Horndean, Hampshire PO8 9QX

Tel: 07759 571864

to help BHS members and non-members with their ground work. Places must be booked in advance. Lesson £20, spectators £5. Tickets - Mrs. Patricia Willats, Paddock Lodge, Dummer, Basingstoke RG25 2AF, tel: 01256 397637.

Sun 29 May: Sponsored Ride in aid of Mark Davies Injured Riders Fund and the New Forest Hounds. Approx. 7 miles of open farmland with 30 optional jumps. £7 entry, minimum £15 sponsorship. At Tenantry Farm, Rockbourne, Fordingbridge, Hants. SAE to Christine Hughes, 23 Old Priory Close, Hamble, Southampton SO31 4QP.

Sun 5 June: Pleasure Ride, plus Children's 'I-Spy' Ride (fun ride for lead rein or first ridden, suitable walk for Dads with dogs on leads), Stansted Park, Rowlands Castle. Both rides set off between 9.00am and 12 noon (follow the brown signs for Stansted House). To enter either ride, please send cheque for £5 payable to Hants & WS Borders Bridleways Group, along with name, address and contact telephone number, to Ride Secretary, 77 Farringdon Road, Havant, Hants PO9 2LP, tel 023 9245 5685 (eves) or 07821 165222. Closing date for entries 31st May. Entry form available from www.wsbways.co.uk. All proceeds to the Brooke Hospital.

Sat 11 June: Equestrian Car Boot Sale, Forty Acres Farm, Bedhampton, Havant. Sellers 8.15am, Buyers 9.00 - 11.30 am. In aid of Brookes Courses for Horses; entrance fees £6.00 cars, £9.00 vans, 50p buyers. Will be run separately but in conjunction with ordinary Car Boot. Further sales to be held 9 July and 6 August. Tel: 07851 284942

Sun 26 June: Sponsored Ride, Bereleigh Estate, East Meon. Approx. 10 miles of woodland and downland with optional rustic jumps. SAE to Liz Kane, Tigwell Cottage, East Meon, Petersfield GU32 1PJ.

Peter Cox Photography



Are you organising an event in 2005? - Need a reliable photographer to attend your event - I am now taking bookings for the 2005 season - No attendance fee - Sponsorships available - All types of events covered large or small - I am also available by appointment to undertake 'Fine Art' Animal Portraiture and the creation of your own individual



and unique Photo Montage - for details please visit my web site at www.petercox-photography.co.uk - or call me on 02392 691349 - all major credit/debit cards accepted.

All photographs taken during 2004 season are still available for on line viewing on my web site

LAMINITIS

Laminitis is a common but still incompletely understood condition which causes varying degrees of foot pain, from the slightly potterly pony to severe life-threatening lameness. Owners often underestimate its potential to cause long term unsoundness. It is not uncommon for severe and uncontrolled cases to require euthanasia on the humane grounds of incurable suffering.

What is laminitis? Laminitis, in its simplest form, is inflammation and weakening of the sensitive layers (laminae) of the hoof. The pedal bone is suspended within the hoof by many interdigitating specialised 'leaves' (laminae) composed of sensitive tissue. In laminitis these soft tissues become damaged resulting in pain, inflammation and, in some cases, separation between the laminae. In very mild cases, appropriate treatment will resolve the problem quite quickly with no lasting effect. If the inflammation is more severe and progressive, the sensitive laminae may lose their blood supply and die with consequent loss of support between the pedal bone and horny hoof wall. This can result in separation of the pedal bone from the hoof with rotation and/or sinking of the bone within the hoof. As the horse stands and moves on its feet, penetration of the sole by the tip of the pedal bone can follow, often with fatal consequences.

What causes laminitis? The underlying problem is interference with the blood supply to the sensitive layers of the foot. Conditions which cause this either directly or indirectly include:-

- overfeeding on good grass
- excessive eating of carbohydrate, e.g. cereals
- toxæmia associated with severe infections
- adverse reactions to certain drugs including corticosteroids and some antibiotics
- severe injury e.g. fracture or joint infection resulting in increased weight-bearing on the opposite limb
- neglected feet or poor trimming and shoeing resulting in long toe/low heel conformation
- excessive concussion due to fast exercise on hard ground

Horses or ponies with a history of laminitis may be susceptible to recurrence. Some older horses (usually above 15 years old) which have chronic or recurrent laminitis have abnormalities of their pituitary glands (causing Cushing's syndrome) as a contributing factor.

How can I recognise the early signs? In mild cases of laminitis, the horse or pony may appear slightly 'potterly' especially when turned or on hard ground. The forelimbs are most commonly affected although it is possible for the hindlimbs only or all four feet to be affected. Often one foot is worse than the others. The affected foot or feet may appear abnormally warm to the touch (although this is inconsistent) and the pulse taken at the heel's arteries will usually appear particularly strong. Laminitic horses will often stand with hind-limbs well under the body and forelimbs stretched out in front, in an effort to keep weight off the painful front feet. This characteristic stance is almost diagnostic of laminitis. Affected horses will usually move with their heels landing first to try to avoid concussion to the painful toe region. If all four feet are affected, they may lie down for long periods or may constantly lift their feet alternately from the ground. More

severe cases result in inability or reluctance to move at all and horses with severe rotation and sinking will often be unable to bear any weight on the affected limb or limbs.

Horses which have recovered from laminitis, or chronic (long-standing) cases often have an altered hoof shape with long heels and a convex rather than concave sole. These horses must be monitored very closely for signs of foot pain and require regular remedial farriery. 'Laminitic rings' often appear on the hoof which diverge towards the heels. It is important to realise that laminitis can progress from mild to severe even if early treatment is instigated. Early warning signs must be heeded and action taken immediately.

What can be done? Mild cases respond to stable rest, a restricted diet, anti-inflammatory medication (e.g. phenylbutazone), and removal of the cause of the laminitis, where this is known. More severe cases may also need medication to reduce blood pressure (eg. acetylpromazine), remedial hoof trimming and shoeing and anti-inflammatory medication for a prolonged period (often many months). Support under the foot using 'styrofoam pads' can be very beneficial. In cases of chronic pedal bone rotation, progressive remedial trimming to shorten the toe and lower the heel will gradually return the hoof to a more comfortable conformation in relation to the pedal bone. In horses where there is rotation or sinking of the pedal bone, radical trimming and shoeing with a wedge may be combined with surgery to cut the deep flexor tendon in an attempt to prevent further rotation. In cases where the pedal bone has penetrated the sole, the prognosis is hopeless and euthanasia should be performed on humane grounds. Many other treatments have been suggested for laminitis in horses, with opinions on their suitability and efficacy varying, even amongst experts.

How can it be prevented? Ponies have evolved in the wild to work hard for poor quality food and any pony with access to good grazing should be watched carefully for signs of becoming overweight or pottery. When grass growth is lush, grazing should be restricted by either stabling on shavings, peat moss or shredded paper for part of the day and exercise should be increased to regulate body weight. Sudden increases in concentrate food intake should be avoided and fast work on hard surfaces should be avoided. Do not ignore illnesses associated with infections, especially colic and diarrhoea (colitis) or uterine infections (metritis) following retained placenta. Both of these conditions present a high risk for producing laminitis. In such cases, veterinary help should be sought without delay.

Conclusion: Laminitis can be present with signs varying from a minor 'unevenness' to a life threatening condition and should never be treated lightly. Even mild cases can take many months to improve and some horses never regain full soundness. Prevention is much better than cure and many, although not all, cases can be prevented by good management.
(With thanks to the Liphook Equine Hospital, www.theleh.co.uk)



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Where to Ride:

Queen Elizabeth Country Park, nr Petersfield

The location Sitting within the East Hampshire Area of Outstanding Natural Beauty, Queen Elizabeth Country Park is of great value for conservation. Visit the country park and enjoy the permissive riding trail (6 miles / 9.7 kilometres) which will take you through the forest before joining with the South Downs Way.

Important information No permit is required.

Facilities Horse-box parking is available within the country park.

Further information www.hants.gov.uk/countryside/qecp/

A Bit of Fun !! - Horse Astrology by Kim Devries (for those who know their horse's birth date).

Taurus (April 21 – May 21) - The Taurus horse is naturally a dependable, placid and affectionate horse that yearns for comfort and routine. This horse loves to be touched and will bond with you very strongly if you brush and massage it regularly. The Taurus horse is also very food-focused, and needs the reassurance of a predictable feeding routine. This horse loves sleeping and lazing about, so a comfortable stable or shady trees in the field are important! A Taurus horse needs to feel secure mentally and emotionally within the partnership, and dislikes changes in routine. It may have trouble adjusting to new situations and needs to be treated with patience and calmness; otherwise it may become downright obstinate and totally refuse to cooperate with you! Like the bovine symbol of its sign, the Taurus horse is naturally a herd animal, and likes the security of being together with other horses. As Taurus rules the throat, this horse may have something about the neck, which attracts attention. It may be, for example noticeably long or short. It could also be that the Taurus horse nickers or whinnies in a distinctive manner!

To be continued.....

Hampshire Horse

Saddles Saddles Saddles would like to announce the arrival of two new and exciting saddles to their extensive range. **CLOSE CONTACT SADDLE £850:** Forester Saddles, along with Saddles Saddles Saddles, have designed a close contact that is not only a very affordable price, but the best craftsmen and materials have been used. It is designed to sit behind the shoulders to give a close contact feel and is filled with a very special product that likens to a memory gel foam. It is therefore instantly comfortable for horse and rider.



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www.saddlers-hampshire.co.uk

Which Plants are Poi sonous to Horses?

The following can be harmful to horses: Acorns, Alder Buckthorn, Black Bryony, Black Nightshade, Box, Bracken, Broom, Buckthorn, Buttercup, Greater Celandine, Charlock, Cherry Laurel, Chickweed, Clover, Columbine, Corncockle, Comrockle, Cowbane, Cuckoo Pint, Damel, Deadly Nightshade, Foxglove, Ground Ivy, Groundsel, Hellebore, Hemlock, Hemlock Water-Dropwort, Hemp Nettle, Henbane, Herb Paris, Horse Radish, Horsetail, Iris, Laburnum, Larkspar, Lily of the Valley, Linseed, Lupin, Marsh Marigold, Meadow Saffron, Melilot, Mercury, Monk's Hood, Oak, Pimpernel, Poppy, Potato, Privet, Ragwort, Rhubarb, Rodeondendron, Rush, St Johns Wort, Sorrel, Spurge, Thorn Apple, White Bryony, Wood Nightshade and Yew.
(Thanks to www.giveusahome.co.uk)

Cl assi fi eds:

BOOTS	Ariat Heritage Jodphur Boots , black leather with front zip, size 7 ½. New, worn just once. £45 ono Tel: 07921 072942 (Horndean/Liphook)
GIRL'S BICYCLE	Raleigh "Krush" girl's bicycle . Suitable for ages 5-7 years, metallic pink. Brand new. Cost £85, bargain £40. Tel: 023 9257 1408 evenings pref. (or answerphone), mobile 07854 164104 (Horndean)
HORSE-BOX	Bedford 850TL 330 turbo diesel . 7500kg GVW (non HGV), rear ramp, day living, 2/3 horses, saddle & rug racks. No tax/plate. £2,250 ono Tel: 07854 164104 (Horndean)
SADDLE	17 in Brown GP Saddle , English Leather with sound tree. Medium fit, good condition. £295 ono Tel: 07851 284942 (Horndean)
FREELANCE INSTRUCTOR	Available for lessons, both private & groups. B.H.S registered. Reasonable rates. References can be provided. I can also help to look after your horse. Fully up-to-date with 1 st Aid & Child Protection Certificates. Based in Petersfield - any area considered (within reason!). <i>Call 07766 476 558 to discuss your requirements.</i>
SADDLE & TURNOUT RUG	Jill Thomas 16" synthetic endurance saddle . Black, as new, medium fit. £150 Pippa Funnell medium weight outdoor rug . 5'9" with neck cover. £50. Tel: 023 9236 8152 or 07818 456612 (Clanfield)

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HAMPSHIRE HORSE



REGISTRATION FORM

I wish to register with Hampshire Horse, and receive a copy of each issue by email / post

NAME EMAIL

ADDRESS..... Tel. no.

I wish to be entered into the Draw to win two tickets to the UE/Anna Twinney demo on Sunday 8th May Yes..... / No

(Last entries 28 April 2005. Winner will be contacted by telephone or email)

I am already registered with HH and wish to be entered into the Draw. Name.....
Please return form to address below April 2005